DiscipleType Small Group Discussion Guide

A 4-Session Journey to Discovering Your Spiritual Wiring and Strengthening the Body of Christ

Leader's Note

Welcome to the DiscipleType Small Group Discussion Guide! This guide is designed for a four-week study alongside the book *DiscipleType*. Each session takes about 45–60 minutes and helps your group move from personal self-awareness to collective church unity. Encourage group members to be honest about where they struggle and where they thrive.

Session 1: Unlocking Your Divine Design

The framework is organized into 7 core spiritual areas (focusing on parts of the body), each containing two primary DiscipleTypes:

Focus: Understanding that God wired us differently on purpose.

Scripture Reading: 1 Corinthians 12:12–20

"Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ... If the whole body were an eye, where would the sense of hearing be?"

Discussion Questions:

1. Have you ever felt guilty for not enjoying a specific spiritual habit (like hour-long silent prayer, regular street evangelism, or deep academic study) that seemed to work for someone else?
2. Read through the 7 Body Parts (Mind, Heart, Core, Limbs, Conscience, Spirit, Voice). Which area do you naturally gravitate toward when you want to feel close to God?
3. How does knowing that God intentionally designed us with distinct wirings change how you view your personal spiritual habits?

Weekly Action:

Take the DiscipleType Assessment online now or before the next session. Write down your top two dominant types.

Session 2: Exploring the 14 DiscipleTypes

Focus: Identifying your primary, secondary, and tertiary spiritual profiles.

Scripture Reading: Romans 12:4–8

Discussion Questions:

1. What were your top DiscipleTypes from the assessment? Did your results surprise you, or did they confirm what you already knew about yourself?
2. Share a time when operating in your primary type made your faith feel vibrant, energized, and natural.
3. Most people have a blend of types (e.g., a Scripturalist who is also an Evangelist). How do your primary and secondary types interact with each other in your daily life?

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Weekly Action:

Pick one practice associated with your primary DiscipleType and intentionally spend 20 minutes engaging in it this week (e.g., a Naturalist taking a prayer walk outdoors, or a Rationalist reading a chapter from a theology book or listening to an academic podcast).

Session 3: Overcoming Dryness & Stretching into Maturity

Focus: Avoiding spiritual burnout and learning from opposite types.

Scripture Reading: Ephesians 4:11–16

Discussion Questions:

1. Looking at the 14 types, which DiscipleType feels the most foreign or challenging to you? Why do you think that is?
2. How can relying only on our default type sometimes lead to blind spots or spiritual weakness if we don't stay balanced?
3. How can engaging with believers who have different DiscipleTypes help us grow into complete, mature followers of Christ?

Weekly Action:

Try a small 10-minute spiritual discipline from a DiscipleType that is the opposite of your default style. Note how it stretches your perspective.

Session 4: Serving Together as One Body

Focus: Applying your DiscipleType to serve your church and community.

Scripture Reading: 1 Peter 4:10–11

“Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.”

Discussion Questions:

1. Looking at our small group as a whole, which DiscipleTypes are strongest in this room? How does this combination shape our group’s unique dynamic?
2. How can your local church better encourage and deploy people with different DiscipleTypes (e.g., making space for Seers, Doers, and Thinkers to contribute)?
3. Where is God calling you to use your unique wiring to serve others in our church or community right now?

Ready to Dive Deeper?

Consider the consulting options provided by DiscipleType, which are available for churches, ministries, and individuals.